

Dear Sports Friends,

Olympic and Paralympic Training Center Pajulahti and Finnish Paralympic Committee are very pleased to invite you to the 11th Pajulahti Games that will take place in Nastola, Finland, from the 21st of January to the 23rd of January 2022.

Dates	20th - 23rd of January 2022 20 th arrival day 21 st -23 rd competition days 23 rd departure (flight times after 5 pm.)
Sports	Goalball – men and women, international tournament Judo – men and women, national and international competition, special needs judo / athletes with intellectual disability Sitting volleyball – women, international tournament Showdown – men and women, international tournament Athletics – men and women, open national indoor championships Powerlifting – men and women, open national para powerlifting championships
Training camp	On 18 th to 21 st of January, 2022 we will offer you the possibility to train before the competition. On the training camp there will be playing venues available free of charge in every sport.
Competition venue	Pajulahti Paralympic Training Center, City of Lahti (www.pajulahti.com)
Accommodation	Pajulahti Paralympic Training Center, City of Lahti. All accommodation is in two or three person rooms, situated nearby, only 2–7 minutes walking from the competition venues.
Covid-19	Please check all the requirements to entering to Finland www.raja.fi/en/covid19-info Please note that each country is responsible for possible costs of Covid-19 requirements (tests, quaranteens etc). If teams have any questions regarding this matter the LOC will be happy to help.
Entry fees	117 euros/person/night. Single room 25 euros/person/night addition to the entry fee (max 1 single room/team). Extra nights possible for the same daily rate (before/after). Team entry 300 euros in the following sports: goalball, sitting volleyball Entry fee includes: - transportation from and to the airport Helsinki-Vantaa (1,5 hours from/to Pajulahti) - accommodation with full board (starting on arrival day dinner and ending on departure day lunch) - competition fees in sports: indoor athletics, judo, powerlifting and showdown - training camp opportunity LOC will send invoices regarding the entry fees as follows: 5 th of December 2021 (30% of the total amount) and 5 th of January 2022 (70%).

WELCOME TO FINLAND!

Kind regards,

Local Organizing Committee (LOC)

Event Manager, Ms. Laura Kittelä

email: laura.kittela@pajulahti.com,

tel. +358 44 775 5212

and Finnish Paralympic Committee

Mr. Timo Pelkonen

email: timo.pelkonen@vammaisurheilu.fi,

tel. +358 50 596 5015

Web site: www.pajulahtigames.fi

NOTE! The entry form is in the next page

ENTRY FORM

Contact information

Country name:	
National federation and street address:	
Contact person:	
Contact phone:	
Contact email:	
Sport / team	

Surname	First name	F/M	Position coach/assistant /player	Wheel- chair user (X	Dietary requirements e.g. vegetarian/no pork/etc.

PLEASE SEND THE ENTRY FORM NO LATER THAN **30TH OF NOVEMBER 2021** TO FOLLOWING EMAIL ADDRESSES LAURA.KITTELA@PAJULAHTI.COM AND TIMO.PELKONEN@PARALYMPIA.FI

FLIGHTS

Arriving day Thursday 20th of January 2022
Departure day Sunday 23rd of January 2022, flight time after 17:00

ARRIVAL

DAY AND TIME:
FLIGHT NUMBER:
PERSONS:

DEPARTURE

DAY AND TIME:
FLIGHT NUMBER:
PERSON: